Virginia's Health Care Workforce: Present and Future Need

Physicians, Psychiatrists, Dentists, Clinical Psychologists and Pharmacists

Joint Commission on Health Care September 1, 2009 Stephen W. Bowman Senior Staff Attorney/Methodologist

Revised October 1, 2009

Agenda

- Purpose
- Demand and Supply
- Shortages
- Avenues to Address Shortages and Maldistribution
- Policy Options

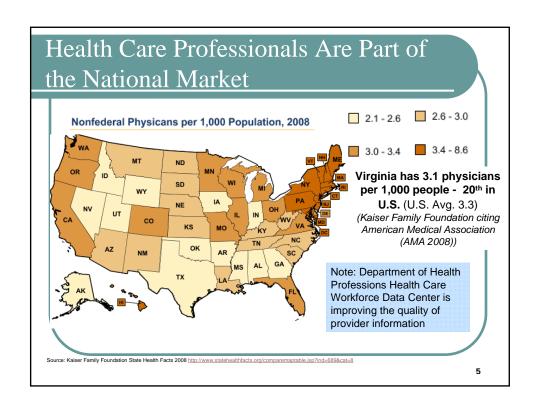
Purpose

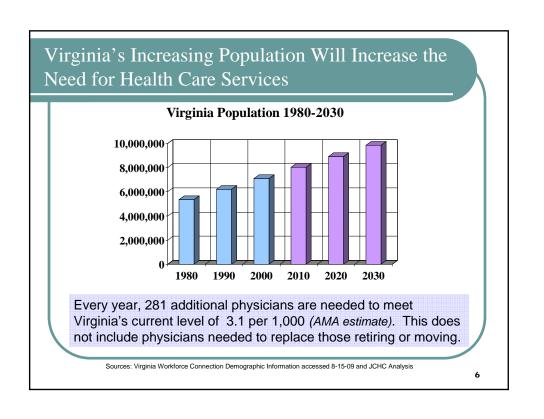
- Health professional workforce planning should be forward looking
 - Free-market outcomes do not always meet state needs
 - Rural and underserved areas are less attractive to many providers
 - Lucrative specialty fields are not necessarily the most needed
 - State government is involved in the education and placement of health professionals
- State government efforts should focus on the most essential health professional areas

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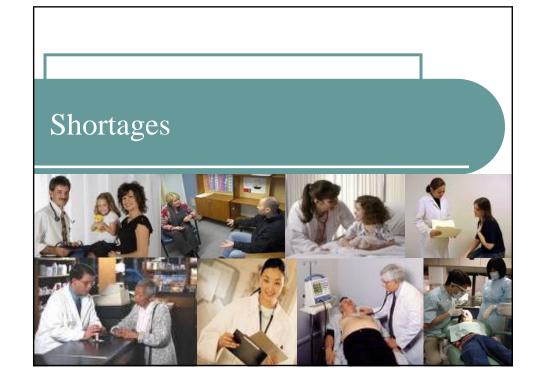
Demand and Supply





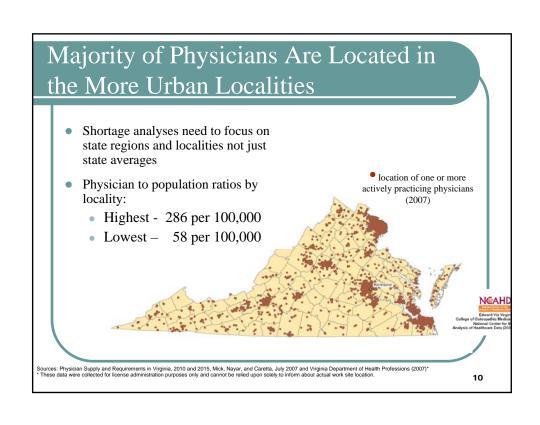


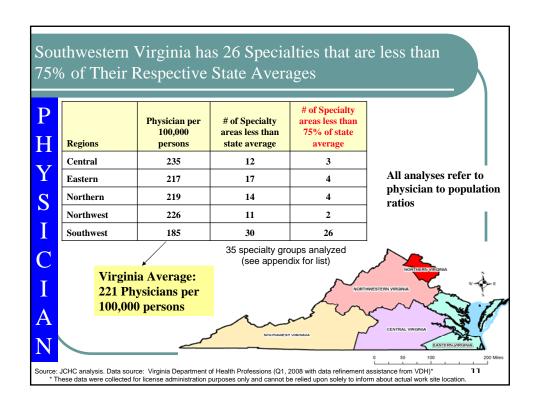
Aging Demographic: Virginia Is Graying and Older Persons Use More Healthcare Services As compared to the national average of physicians to population: Individuals 65-74 require over 2x Individuals 75+ require over 3x Percentage of Population over 65 Percentage over 65 Percentage over 65 Percentage over 65 Sources: Bureau of Transportation Statistics http://www.bis.gov/publications/the_changing_face_of_transportation/htm/figure_05_18.html U.S. Department of Health and Human Services, http://bhpr.hrsa.gov/healthworkforce/reports/physiciansupplydemand/growthandaging.htm 7

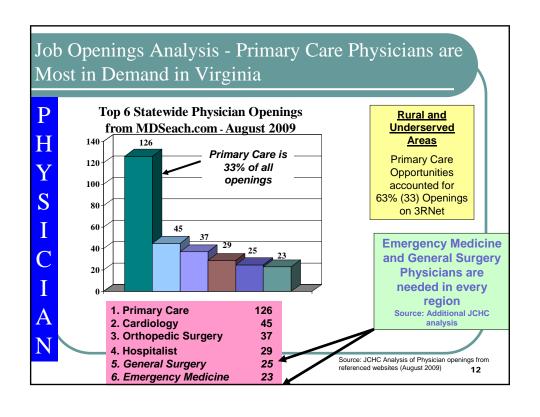


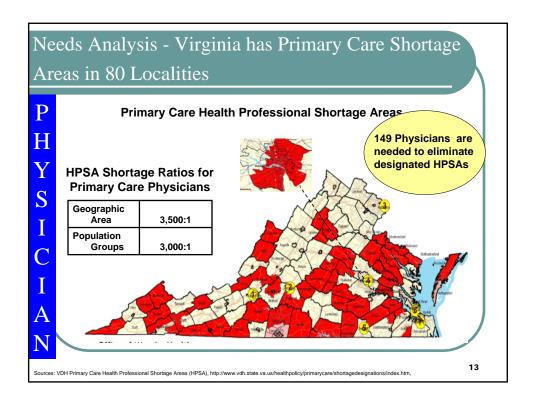
Virginia Has Physician, Dentist and Mental Health Shortages

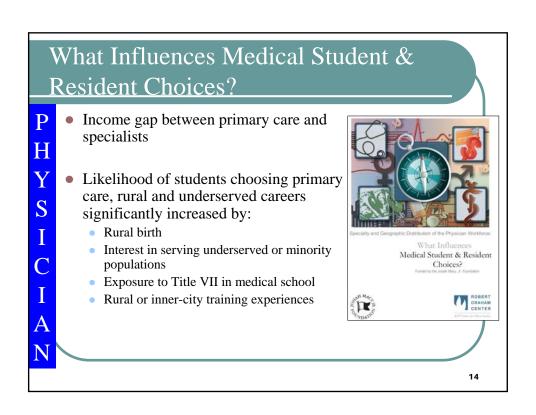
	Shortage	Policy Options
Physician		
Primary Care	Yes	2,3,4,5, 6,11,12
Geriatric Care	Yes	7, 8, 9, 10,12
Psychiatry	Yes	2,4,12,13,14
Emergency Medicine	Yes	4
General Surgery	Yes	4
Dentists	Yes	17,18
Mental Health Professionals (Clinical Psychologist a part of addressing the shortage)	Yes	2,4,13,14,15,16
Pharmacists	No	19
		9



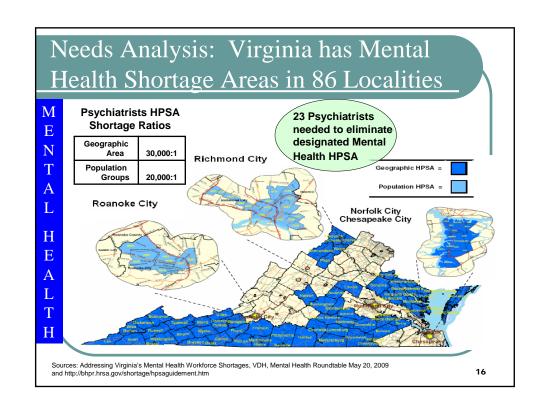


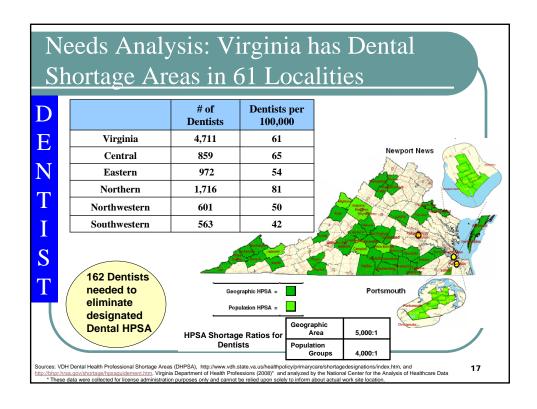






Current and Future Geriatrician Shortages Mean Other Physicians Will Fill the Gap Geriatricians Retirements are coming -Needed nationwide: 20,000 Geriatricians are older than Supplied: 7,100 ← the average physician Primary Care physicians will provide increasing amounts of geriatric care Additional Education and Training for Primary Care Physicians that Provide Geriatricians training: 1 year fellowship Care to Geriatric Patients Topics include: Is Important · Physiology of aging • Illnesses common among older persons • Treatment and management of older adults in acute care, longterm care, community-based, and home-care settings Assessment of cognitive status and mood in the elderly. A Shortage of Geriatricians in Virginia: Report to the Joint Commission on Health Care, Dr. Jonathan Evans, October 17, 2007 and the American 15 Geriatric Society website - http://www.americangeriatrics.org/news/geria_faqs.shtml#3





Estimates of Pharmacist Shortages Have Changed Recently

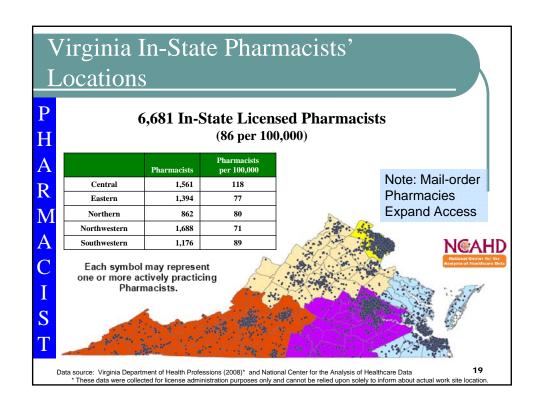
2008 HRSA Study National Findings

- Supply is growing faster than was previously estimated in 2002 study
- Demand is continuing to rise

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- Moderate shortfall of pharmacists
- "If per capita consumption ...remains unchanged, then projected future supply will be adequate to meet the demands of a growing and aging population"

Source: HRSA: The Adequacy of Pharmacist Supply: 2004 to 2030 (2008)



Avenues to Address Shortages and Maldistribution

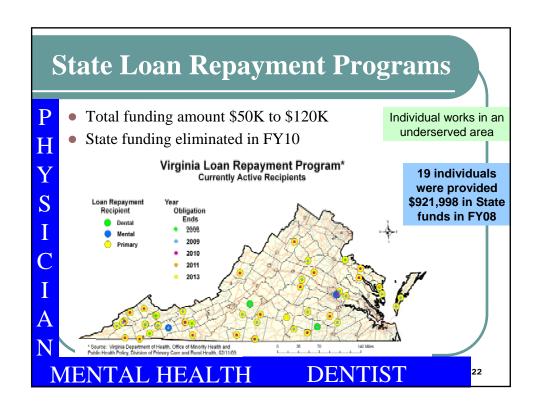
J-1 Visa Waiver Program

International Medical Graduates

- 3 year requirement for primary care practice in a federally designated health professional shortage area or a medically underserved area
- 30 slots annually

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- 18 slots typically
- Virginia costs administrative only



2,425 Students Were Enrolled in Virginia Medical Schools in 2008 % in-state Total 2008 entering 2008 Enrollment entering class-size (Estimated) entering Graduates (2008)class-size class Eastern Virginia Medical School 445 115 64% 135 107 University of Virginia School of 559 145 54% 160 130 Medicine (Charlottesville) Virginia Commonwealth 192 58% 192 181 University School of 741 Medicine (Richmond)

680

200

(Expected)

2,425

Edward Via Virginia College of

Osteopathic Medicine -VCOM (Blacksburg)

Virginia Tech Carilion School of

Medicine (Roanoke)

[Opens August 2010]

Total (2008)

Sources: JCHC email correspondence with each institution and SCHEV. Va. Medical School Takes Shape, Smith and Hardy, Richmond Times Dispatch, January 3, 2007 & WSLS video report, McNew, May 22, 2008 http://www.wsls.com/sl/news/local/article/roanoke_medical_school_bas_a_name/11444/

191

40

(Expected)

643

30%

50%

191

23

139

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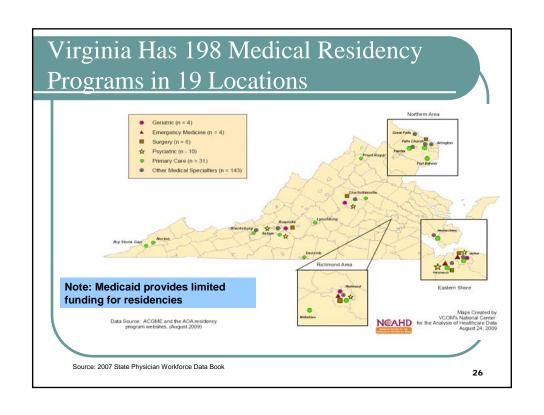
\$50.6 Million General Funds Were Spent Toward Medical School Education in 2007-08

S S < m		Tuition in-state (2008-2009)	Tuition out-of-state (2008-2009)	2007-08 General funds* (in millions)	2007-08 Non-General funds* (in millions)	2007-08 I General funds/per student*
	Eastern Virginia Medical School (Norfolk)	\$ 23,980	\$ 44,328	\$ 15.1	\$ 0	\$ 33,786
	University of Virginia School of Medicine (Charlottesville)	\$ 32,650	\$ 42,650	\$ 16.6	\$ 31.8	\$ 29,733
	Virginia Commonwealth University School of Medicine (Richmond)	\$ 25,390	\$ 38,892	\$ 16.9	\$ 20.8	\$ 22,833
	Edward Via Virginia College of Osteopathic Medicine - VCOM (Blacksburg)	\$ 32,900	\$ 32,900	\$ 0	\$ 0	\$ 0
11	Virginia Tech Carilion School of Medicine (Roanoke) [Opens August 2010]					
to.	Total (2008)	\$ 28,794 (average)	\$ 39,740 (average)	\$ 50.6	\$ 52.8	

* Totals do not include Family Practice Program (residencies) and Area Health Center funding

Sources: JCHC email correspondence with each institution and SCHEV. Va. Medical School Takes Shape, Smith and Hardy, Richmond Times Dispatch, January 3, 2007 & WSLS video report, McNew, May 22, 2008 http://www.wsls.com/sls/news/local/article/roanoke_medical_school_has_a_name/11444/

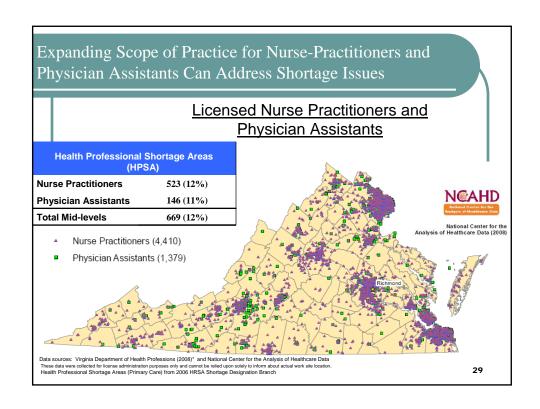
EVMS, UVA and VCU Medical Schools Had Over \$1.2 Billion in Expenditures					
	EVMS	UVA	VCU	P	
Medical Students	440	551	734	I	
Enrolled Masters Students	30	16	154	7	
Enrolled PhD Students	26	404	263	Y	
Postdoctoral Fellows	6	406	147	S	
Residents	290	516	629	I	
Fellows	16	145	119	1	
		(In Millions)			
Revenues	\$203	\$560	\$429	_	
Expenditures	\$202	\$544	\$412	1	
State Funding and Parent Contributions	\$ 17	\$ 42	\$ 52	A	
Practice Plan Revenues	\$ 89	\$181	\$139		
Direct Federal Grants and Contracts	\$ 22	\$108	\$ 50		
Sources: AAMC Longitudinal Statistical Summary Reports for 2008 for EVMS, UVA and VCU					



UVA and VCU Have Dedicated Funding for Family Practice Residency Programs

- Dedicated funding: Chapter 291 (2009)
 - UVA \$1,983,202
 - VCU \$5,932,772
- EVMS Family Practice State Funding- \$849,583
 - Not a line item in State Budget
- 61% of physicians that complete Virginia family practice residencies will practice in Virginia

Investment Needed for 1	Primary Care	e Physician P	racticing in	Virginia	
	Medical F Schools: EVMS, UVA, & VCU (2008)	Family Practice Residency Programs: EVMS, UVA & VCU	J-1 Visa Waiver	State Loan Repayment Programs (FY08)	
State Funding (2008)	\$50,600,000	\$8,810,557	admin*	\$921,988	
Program Participants	1,745	233	18	19	
Average State Funding per Year per Participant	\$28,997	\$37,814	admin*	\$48,526	
Average Years to Program Completion	4	3	3	4	
State Funds Per Participant Per Program Completion	\$115,989	\$113,441	admin*	\$194,104	
% Likely to practice Virginia	35%	61%	40%	76%	
State Investment to Develop 1 Physician that Practices In-state	\$331,396	\$185,968	minimal*	\$255,401	
% Physicians Initially Specializing in Primary Care	38.6%	100%	100%	100%	
State Investment to Develop 1 Primary Care Physician that Practices In-state	\$858,938	\$185,968	minimal*	\$255,401	
Pink Denotes Addressing Maldistribution Best JCHC Analysis - sources: JCHC files					



Virginia Supports Geriatric Training for Physician and Non-Physician Populations **Geriatric Training and Education** Examples of 2008-09 • \$356,250 appropriated (FY08) **Grants Targeted:** • Redistributed by the Virginia • Health care professionals Center on Aging Medical Residents • Nurses • Nursing home staff • Funds are to develop the skills and • Physicians capacities of the gerontological and • Pharmacists geriatric workforce 30

Proposed Legislation: Authority to take over Duties of Statewick Area Health Education Centers Program

HOUSE BILL NO. 2142

Offered January 14, 2009 Prefiled January 13, 2009 Currently under study with revised language forthcoming in time for 2010 Session

(Nutter)

Statewide Healthcare Workforce Authority mission

- I. develop health careers recruitment programs for Virginia's students,
- II. support the community-based training of primary care health professions students, residents, and other health professions students in Virginia's underserved communities;
- III. provide educational and practice support systems for the Commonwealth's primary care providers;
- IV. support recruitment and retention efforts of primary care, mental health, and dental professionals for underserved areas of the Commonwealth; and
- V. collaborate with health, education, public health, and human services organizations to facilitate and promote improved health education and disease prevention among the citizens of the Commonwealth.

PHYSICIAN

MENTAL HEALTH

DENTIST

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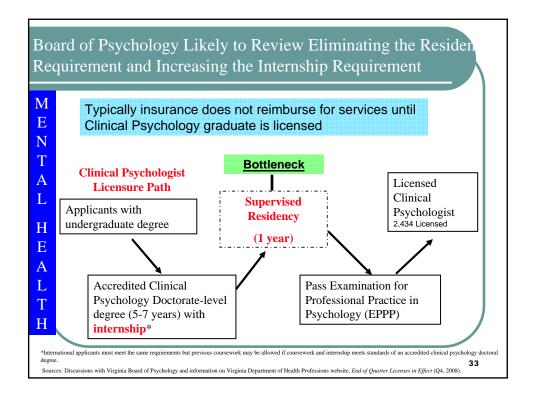
Telemedicine Can Expand Care to Underserved Regions

P H Y S I

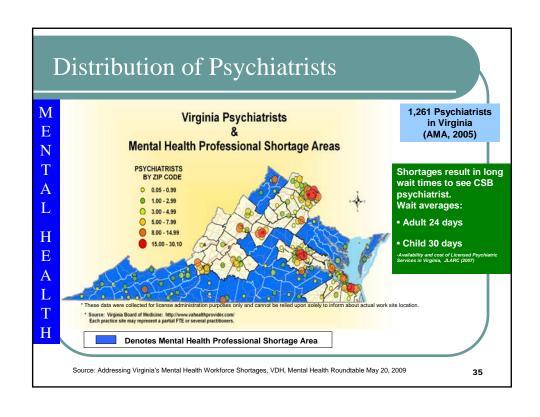
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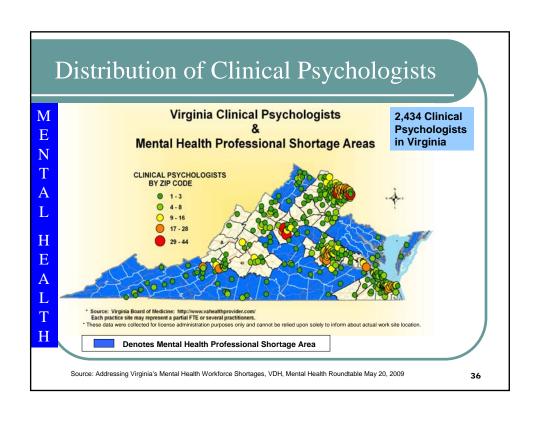
Mandated Insurance Coverage

- SB 1458(Wampler) and HB 2191(Philips) are before the Special Advisory Commission on Mandated Health Insurance Benefits
- Telemedicine obstacles
 - Physician acceptance
 - Technological hardware
 - Physician payment for services



Allowing Clinical Psychologist to Prescribe Would Allow Greater Mental Health Access M Additional training for Licensed Clinical Psychologists: Masters degree in clinical psychopharmacology E Year practicum under the supervision of a licensed physician Pass exam Т Medical psychologist would only prescribe after consultation with and agreement of the patients primary care physician. L H New Mexico (2002) and Louisiana (2004) have allowed medical psychologists to prescribe and manage psychotropic drugs. Е • No complaints filed regarding any medical psychologist in either state A In 2009, Oregon directed psychiatrist and psychologist representative organizations to develop an appropriate framework for medical T psychologists licensure and report back to the legislature. H 34





Dental Services Are More Difficult to Incentivize in Underserved Regions

- Average Cost of Patient Visit (2004)
 - Dentist \$224
 - Primary Care Physician \$101
- Prevalence of Insurance
 - Dental 65%
 - Medical 85%
- % of Out of Pocket Costs
 - Dental 49%
 - Overall Medical 19%

"Inflammation is a major risk factor for heart disease, and periodontal disease may increase the inflammation level throughout the body"

> - Kenneth Kornman, DDS, PhD Journal of Periodontology, Editor

Sources Dr Michael Frod dates that the ord-systemic connection is sulfished once again. http://www.ebsites.com/insus/sind/332 AHRO Medical Expondutus Survey Prince Chartcok #17 Dentil Use. Expenses, Dental Coverage, and Changes, 1869 and 2004 http://www.mpsg.ahro.gov/insposeb/data/. Illes/publications/dx/17/26/17 Jahmillé Expoultes/grumany. Expenses for Office-Based Physician Visits by Specialty, 2004 http://www.mpsg.ahro.gov/imsposeb/data/. Illes/publications/dx/17/26/17 Jahmillé Expoultes/grumany.

Dental Hygienists Legislation Addresses Maldistribution

VIRGINIA ACTS OF ASSEMBLY - 2009 SESSION

CHAPTERS 99 & 561

An Act to amend and reenact § 54.1-2722 of the Code of Virginia, relating to practice of dental hygienists.

- Dental hygienists working in Dental Health Shortage Areas in Lenowisco, Cumberland Plateau, and Southside Health Districts can provide educational and preventive dental care
 - protocol developed by the Department of Health

Need Exceeds the Amount of Discount or Free Dental Services



- Free or Discount Dental Services in Virginia
 - Mission of Mercy (MOM)
 - Federally Qualified Health Centers
 - Remote Area Medical (RAM)
 - Virginia Community Health Centers
 - Virginia Departments of Health
 - Virginia Free Health Clinics
 - VCU Clinics (Richmond and Wise in 2011)

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Needed Pharmacist Services: Medication Therapy Management (MTM)

Medication Therapy Management Ensures that targeted Medicare beneficiaries appropriately use Part D drugs to optimize the outcomes through improved medication use:

- appropriately use Part D drugs to optimize therapeutic outcomes through improved medication use;

 Reduces the risk of adverse events, including adverse
- Reduces the risk of adverse events, including adverse drug interactions, for targeted beneficiaries.
- Pharmacists can be reimbursed for providing MTM to Virginians enrolled in Part D plan that:
 - Have multiple chronic diseases;
 - · Are taking multiple Part D drugs; and
 - Are likely to incur over \$4,000 in annual costs for covered Part D drugs
- Program not communicated well to beneficiaries and pharmacists

Most Targeted Conditions

- 1. Diabetes
- 2. Heart Failure
- 3. Hypertension
- 4. Dyslipidemia
- 5. COPD
- 6. Asthma
- 7. Rheumatoid Arthritis
- 8. Depression
- 9. Osteoporosis
- 10. Osteoarthritis

http://www.cms.hhs.gov/PrescriptionDrugCovContra/Downloads/MTMFactSheet.pdf

Policy Options

Policy Options – Primary Care

Option 1: Take no action.

Option 2: When state revenue allows, restore funding for the State Loan Repayment Program (SLRP) & Virginia Loan Repayment Program (VLRP).

Option 3: When state revenue allows, increase <u>dedicated</u> funding for EVMS, UVA and VCU Family Practice Residency Programs.

Policy Options – Primary Care

Option 4: Request by letter of the JCHC Chairman that the Department of Medical Assistance Services (DMAS) develop and report on a methodology and cost estimate for providing enhanced Direct Medical Education (DME) and Indirect Medical Education (IME) payments to graduate medical programs in Virginia that train primary care, general surgery, psychiatrists, and emergency medicine physicians. The letter would include a request that DMAS present its report to JCHC by August 30, 2011. (Enhanced payments are expected to increase state Medicaid costs to some degree.)

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Policy Options – Primary Care

Option 5: When state revenue allows, introduce a budget amendment (language and funding) to increase Medicaid reimbursement rates to match the level of Medicare reimbursement rates for primary care physicians

Option 6: By letter of the JCHC Chairman request that the medical schools at Eastern Virginia Medical School, the University of Virginia, and Virginia Commonwealth University make efforts to increase their enrollment of medical students from rural communities in Virginia and individuals with an interest in serving underserved and minority populations.

Policy Options – Physicians Treating an Aging Population

Option 7: When state revenue allows, introduce a budget amendment (language and funding) to allow the Department of Health Professions (DHP) to develop a Continuing Medical Education course focusing on medication issues of geriatric patients and targeted for primary care physicians. The objective would be for the course to be offered online and at no cost to Virginia licensed physicians.

Option 8: Request by letter of the JCHC Chairman that the Board of Medicine include and promote geriatric care issues among its online educational resources.

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Policy Options – Physicians Treating an Aging Population

Option 9: Request by letter of the JCHC Chairman that the Virginia Chapter of the American College of Physicians include and promote geriatric care issues among its online educational resources.

Option 10: Request by letter of the JCHC Chairman that the Virginia Academy of Family Physicians continue to promote geriatric training among its membership.

Policy Options – Physician Extenders and Telemedicine

Option 11: Include in the 2010 JCHC work plan, a study of the prevalence, distribution and scope of practice for nurse practitioners and physician assistants in Virginia.

Option 12: Send a letter from JCHC Chairman to the Special Advisory Commission on Mandated Health Insurance Benefits to support SB1458 (Wampler) and HB2191 (Philips) which require health insurers, health care subscription plans, and health maintenance organizations provide coverage for the cost of telemedicine services.

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Policy Options – Telemedicine and Mental Health

Option 13: Request by letter of the JCHC Chairman that the Department of Human Resource Management consider and if appropriate conduct pilot programs for selected telemedicine-covered services within the state employee health insurance program, consideration should be given to obstetric care for high-risk pregnancies, telestroke services, and telepsychiatry.

Option 14: Request by letter of the JCHC Chairman that the Department of Behavioral Health and Developmental Services (DBHDS) report regarding the Department's current and historical utilization of telemedicine and telepsychiatry services, effectiveness of such services, locations offering such services, use of telemedicine by CSB providers, and impediments to greater adoption and usage by the Department and CSBs. This letter would include a request that DBHDS present a report to JCHC by August 30, 2010.

Policy Options – Clinical Psychology

Option 15: Introduce a joint-resolution requesting that JCHC convene a task force to review allowing qualified clinical psychologists to prescribe psychopharmacological medications and report to JCHC. The report will detail licensure and educational requirements, oversight structure, changes to licensure and regulatory oversight processes, medications that may be prescribed, requirements for physician review and/or oversight for prescribing medications. The resolution would require an interim report to JCHC in 2010 with a final report by September 1, 2011. Task force participants include:

- •Board of Medicine
- •Board of Pharmacy
- Board of Psychology
- •Medical Society of Virginia
- Psychiatric Society of Virginia
- •Virginia Psychological Association
- •Virginia Pharmacists Association

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Policy Options – Clinical Psychology and Dentistry

Option 16: Request by letter of the JCHC Chairman that the Department of Health Professions improve the information collected and compiled about clinical psychologists which is retained in the Healthcare Workforce Data Center.

Option 17: Request by letter of the JCHC Chairman that the Department of Health Professions improve the information collected and compiled about dentists which is retained in the Healthcare Workforce Data Center.

Option 18: When state revenue allows introduce a budget amendment (language and funding) to extend basic dental benefits to adults eligible for Medicaid.

Policy Options – Pharmacy

Option 19: Request by letter of the JCHC Chairman that the Virginia Pharmacists Association, the Virginia Department for the Aging, and local area agencies on Aging collaborate to provide and disseminate information about Medicare's Medication Therapy Management (MTM) program to pharmacists, prescription counselors, and Medicare beneficiaries that qualify for MTM services.

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Public Comment

- Written public comments on the proposed options may be submitted to JCHC by close of business on September 29, 2009.
- Comments may be submitted via:

• E-mail: sreid@jchc.virginia.gov

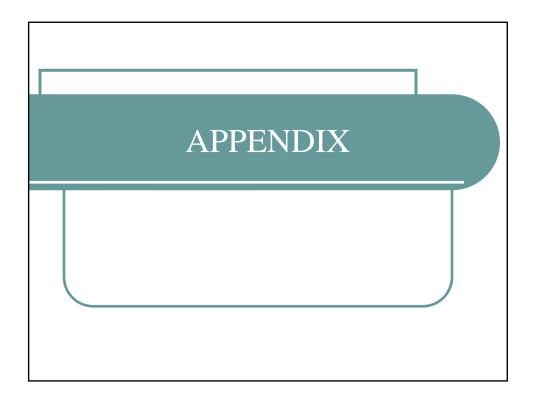
Fax: 804-786-5538

Mail: Joint Commission on Health Care

P.O. Box 1322

Richmond, Virginia 23218

• Comments will be summarized and presented to JCHC during its October 7th meeting.



Supply Data: Virginia Department of Health Professions Licensure Data Clinical **Physicians Psychologists Dentists Pharmacists** 5,975 31,254 2,434 9,636 16,191 active Virginia licensure data can be very limited physicians (estimate 2005) Virginia data does not consistently include: · Whether professional works in VA • Whether professional is in active practice Location of practice(s) Time dedicated to practice location · Time dedicated to specialty • Age of professional (relevant for retirement estimation) Virginia Department of Health Professions is improving data collected for physicians and nurses and hopes to extend to other healthcare professions Source: Virginia Department of Health Professions Licensees as of June 30, 2008, Physician Supply and Requirements in Virginia, 2010 and 2015, Mick, Nayar, and Caretta, July 2007 and Virginia Department of Health Professions (2007)*

Demand Varies Depending on the Question Asked

Demand Analysis Limitations

NEEDS ANALYSIS

Such analyses typically do not incorporate ability to pay into shortage determinations.

UTILIZATION ANALYSIS

If a professional shortage is present in the system then the analysis will not register the existing shortage.

JOB OPENINGS ANALYSIS

A job opening does not necessarily mean there is an overall system need for that service.

Assumptions and data used can significantly alter demand models

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35 Physician Specialties Analyzed **Surgical Specialties Primary Care Family Practice** General Surgery **Internal Medicine** Neurosurgery Pediatrics OB/GYN **Medical Specialties** Ophthalmology Allergy/Immunology **Orthopedic Surgery** Cardiology Otolaryngology Dermatology **Plastic Surgery** Endocrinology* Urology Gastroenterology Other Surgical Specialties Hospital-Based Geriatrician Hematology/Oncology **Emergency Infectious Disease** Anesthesiology Nephrology Radiology Neurology Pathology Physical Medicine and Rehab Pediatric Subspecialties **Psychiatry Pediatric Cardiology** Pulmonology Pediatric Neurology Rheumatology **Pediatric Psychiatry** 51 Other Medical Specialties Other Pediatric Subspecialties