

Long-Term Care/Medicaid Reform Subcommittee of The Joint Commission on Health Care



Presentation by:
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VA Department for the Aging
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Presentation Agenda

VDA & the AAAs

Update on No Wrong Door

Application for ADRC grant

Overview of VICAP

Mission

The Virginia Department for the Aging fosters the independence and well-being of older Virginians and supports their caregivers through leadership, advocacy and oversight of state and community programs, and guides the Commonwealth in preparing for an aging population.

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Virginia Department for the Aging
&
Area Agencies on Aging

Area Agencies on Aging (AAAs)

- 25 local agencies; Designated by VDA in cooperation with local governments
- They differ in governance structure, sources and amount of funding and services provided
- Funding comes from Older Americans Act, State General Fund, local governments, private grants, voluntary contributions, and fees
- The Area Plan for Aging Services becomes the basis for the AAA contract with VDA

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VDA / AAA Relationship

- VDA contracts with AAAs to provide services supported by state and federal funds
- AAAs must comply with state regulations as promulgated by VDA
- Programs must meet VDA service standards
- VDA conducts fiscal & program monitoring
- VDA & AAAs work collaboratively to develop new initiatives in aging services
- AAAs answer to a Board and/or local gov't

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Variety of AAA Services

- Information & assistance
- Nutrition services
- Case management
- Insurance counseling
- Socialization, education and recreation programs
- Disease prevention and health promotion
- Personal care services
- Residential repair & renovation
- Transportation
- Adult day care
- Legal assistance
- Homemaker services
- Employment & volunteer programs
- Housing / Assisted Living

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FY 2007 Services

- ✓ 2,528,322 meals delivered to homes
- ✓ 877,793 meals served in congregate settings
- ✓ 496,954 one way trips were provided
- ✓ 168,439 hours of adult day care provided
- ✓ 143,751 hours of homemaker services
- ✓ 138,269 hours of personal care services delivered

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No Wrong Door

Update

No Wrong Door

An initiative of the Commonwealth – administered by VDA – to improve the individual's experience and provider efficiency in accessing, procuring and providing long term care services to Virginia's seniors and adults with disabilities.

- Create a Single Point of Entry
- Enhance collaboration & planning among service providers
- Allow electronic sharing of client data

No Wrong Door

- Currently operating in 6 AAAs
- Being expanded to 4 additional sites in 2008 = serving a total of 67 localities
- Local advisory councils formed to coordinate and plan services
- Electronic tools allow providers to better manage cases and to exchange data electronically on shared clients

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Implementation Sites

2006 Implementation Sites

Peninsula Agency on Aging – James City, York, and cities of Newport News, Hampton, Williamsburg, and Poquoson

Valley Programs for Aging Services – Augusta, Bath, Highland, Rockbridge, Rockingham, and cities of Buena Vista, Harrisonburg, Lexington, Staunton, and Waynesboro

Senior Connections, Capital Area Agency on Aging – Charles City, Chesterfield, Goochland, Hanover, Henrico, New Kent, Powhatan, and city of Richmond

2007 Implementation Sites

Bay Aging – Westmoreland, Northumberland, Richmond, Lancaster, Essex, Middlesex, Mathews, King & Queen, King William, and Gloucester

Mountain Empire Older Citizens – Lee, Wise, Scott, and city of Norton

Rappahannock Rapidan Community Services Board/Area Agency on Aging – Orange, Madison, Culpeper, Rappahannock, and Fauquier

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Implementation Sites

2008 Implementation Sites

LGA Area Agency on Aging, Inc. – Alleghany, Botetourt, Craig, Roanoke, and cities of Covington, Roanoke, and Salem

Senior Services of Southeastern Virginia - Isle of Wight, Southampton, and cities of Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk and Virginia Beach

Shenandoah Area Agency on Aging - Clarke, Frederick, Page, Shenandoah, Warren and the city of Winchester

Prince William Area Agency on Aging - Prince William and cities of Manassas and Manassas Park

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Latest NWD Addition

New website [Virginia Easy Access](http://www.easyaccess.virginia.gov) gives seniors, adults with disabilities and their families an easy way to get information and search for services



www.easyaccess.virginia.gov

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Virginia *Easy Access*

- Content developed by subject matter experts
- Website designed to be consumer friendly for seniors and those with disabilities
- Integrated with “Virginia Navigator” provider database
- E-mail link to 211 Virginia 24/7
- On-line Medicaid Application coming soon
- NWD providers can access NWD tools through this portal as well

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The screenshot shows the Virginia Easy Access website homepage. At the top, there is a navigation bar with the Virginia.gov logo, links for Online Services, Commonwealth Sites, Help, and Governor, and a search bar. Below the navigation bar is a dark blue header with the Virginia Easy Access logo and several icons representing different services: a person, a plus sign, a dollar sign, a house, and a scale. The main content area is white and features a large heading "Welcome to Virginia Easy Access" followed by the text "For seniors and adults with disabilities and the providers that support them". Below this, it states "A public private partnership with the Commonwealth of Virginia, SeniorNavigator, and 2-1-1 Virginia" and "Your secure and confidential connection to community resources." A prominent blue button reads "FIND SERVICES AND SUPPORT THROUGH VIRGINIANAVIGATOR". To the right of the main content, there is a box for "More Questions? Get Help by Email or phone" with the 2-1-1 Virginia logo. On the left side, there is a vertical menu with icons and text for: Community Supports, Emergency Preparedness, Financial Help, Housing, My Rights: Who Can Help?, Transportation, Related Links, About Easy Access, Contact Us, and Home. At the bottom left, there is a "MEMBER PROVIDER ACCESS" button. The bottom of the page features a photograph of a group of people, including a woman and a child, sitting together.

Aging and Disability Resource Centers

ADRC

ADRC

- Federal initiative through both AoA & CMS
- Purpose is to streamline access to LTC
 - Create Single Entry Points in communities to provide better information, assistance and access
- Synonymous with No Wrong Door in Virginia
- 2008 Appropriations Act designates AAAs as the lead agency in each area for No Wrong Door (ADRC)
- VDA has applied for CMS grant to sustain and expand the ADRC initiative

Virginia Insurance Counseling and Assistance Program

VICAP

What is VICAP?

- Provides information and counseling on Medicare and other health insurance issues for older and/or disabled Virginians
- VICAP is one of 54 State Health Insurance Programs (SHIPs) across the United States

VICAP Overview

- 22 local programs cover all areas of Virginia
- VDA employs one full-time state level employee
- Each program has a local coordinator (typically part-time)
- Approximately 150 trained and active volunteers
- Currently, VICAP is 100% federally funded

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Medicare in Virginia

- Virginia has approximately 1,039,082 Medicare beneficiaries
- 9,900 Virginians enter the Medicare system each month
- This increase will accelerate with the aging of baby boomers
- VICAP had 5,383 contacts in most recent quarter April – June 2008 (slowest of the year) represents a 52% increase over last year

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VICAP Services

Assistance with:

- Traditional Medicare (Medicare A & B)
- Medicare Advantage Plans
- Medicare Prescription Drug Coverage
- Medigap or Medicare Supplemental Insurance
- Long-Term Care Insurance
- Coordination of Benefits
- Appeals, denials, etc.

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2008 VICAP Funding

- CMS funding increased from \$34 million to \$39 million – VA received \$800,870 (Basic Award)
- Congress appropriated additional \$15 million \$300,000 awarded to VA (1 time Supplemental Award)
 - Half must be used for outreach to Low Income Subsidy (LIS)-eligible beneficiaries
- Average amount for local programs was \$27,011
- Starting in 2009, performance awards will be implemented

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