#### **Department of Medical Assistance Services**

# Medicaid Individual and Family Developmental Disabilities Support Waiver (DD Waiver)

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## **Developmental Disability Definition**

■ The American Heritage Stedman's Medical Dictionary: "developmental disability n. A cognitive, emotional, or physical impairment, especially one related to abnormal sensory or motor development, that appears in infancy or childhood and involves a failure or delay in progressing through the normal developmental stages of childhood."

## **Developmental Disability Definition** Virginia's Viewpoint

- Utilizing the Home and Community Based (1915c) waivers Virginia created a delivery system focusing on identified service needs
- Systems
  - intellectual disability (MR waiver)
  - all other developmental diagnosis (DD waiver)

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## **History of DD Waiver**

- Centers for Medicare and Medicaid Services approved DD waiver in 2000
  - Service focus: waiver services are limited to "Individuals with developmental disabilities (including persons with Autism) who are 6 years of age and older .. ."
  - Focus on developmental disability, autism and age
- In 2001, the General Assembly enacted legislation to offer:
  - A set of services to individuals whose needs differ from those Individuals served by the Mental Retardation waiver.
  - Code of Federal Regulations states "Is attributable to:
    - · a. Cerebral palsy or epilepsy; or
    - b. Any other condition, other than mental illness, found to closely related to mental retardation because this condition results in impairment of general results in impairment of general intellectual functioning or adaptive behavior similar to that of persons with mental retardation, and requires treatment of services similar to those required for these persons. . . . . " 42CFR 435.1010

## **History of DD Waiver**

#### In summary

- Since 2001, the DD waiver has served families in non-institutional settings, provides needed services to individuals with a wide range of diagnosed disabilities.
- Disabilities not specifically intellectual rather significant and generally pronounced physical limitations resulting from related conditions

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#### **Medicaid DD Waiver**

#### **DD** waiver facts

- Alternative Institutional placement: ICF/MR facility
- Slots:

594

- Age :
  - 6- no maximum age
- Wait list613 (as of 8/20/08)

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#### **Medicaid DD Waiver**

#### DD waiver enrollment process

- Initial family contact begins with the Child Development Clinics (CDC)
- CDC performs screenings, determines eligibility, and makes referral to private case managers (Individual and/or family chooses case manager)
- As an interdisciplinary team, DMAS and the Case Manager develop the service plan
- DMAS has final authority for eligibility as well as service plan delivery

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## **Medicaid DD Waiver**

- Once waiver criteria is determined, the individual is placed on the wait list on a 'first come, first served basis'
- During wait list period contact is maintained with the participant by DMAS regarding changes in status and current position on wait list.
- An annual letter is sent informing the individual/family of the place on the wait list and the case manager and contact information.
- When a slot is available, the enrollment process and initiation of waiver services begins

## In addition to Case Management, the DD Waiver Provides 16 Services

- Family and Caregiver Training
- Crisis Stabilization/Supervision
- Environmental Modifications (\$5,000 yearly limit)
- Assistive Technology (\$5,000 yearly limit)
- Personal Emergency Response System and Medication Monitoring
- Skilled Nursing Services
- Respite Care (Consumer and/or Agency Directed)
- Transition Coordination (MFP)

- Prevocational Services
- · Supported Employment
- In-home Residential Support
- · Therapeutic Consultation
- Day Support
- Companion Services (Consumer and/or Agency Directed)
- Personal Care (Consumer and/or Agency Directed)
- Transition Services/funding (MFP) (\$5,000 life-time limit)

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### **Service Levels**

- Currently the waiver serves 45 different diagnoses. The top four categories are:
  - Autism
  - Brain/Spinal Injury
  - Muscular Disorders
  - Genetic Disorders
- Current Service levels at Capacity
  - Receiving Services 594
    Wait list 613
    Consumer Directed 330
- Approximately 160 participants are receiving Medicaid EDCD Waiver service while waiting for Medicaid DD Waiver Slot

## **Service Comparison**

EDCD is used as a bridge

to provide support until de waiver slog becomes available

- Medicaid EDCD Services
- 8 services
  - Adult Day Health Care
  - Personal Care
  - PERS and Medication Monitoring
  - Respite Care
  - Environmental Mods.
  - Assistive Technology
  - Transition Coordination
  - Transition Service/funding

#### **Medicaid DD Services**

•16 services listed earlier

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## **Successes**

- 97% satisfaction rating from providers and participants in waiver services.
  - (based on annual Quality Assurance Questionnaire)
- Increased consistency in waiver operations with the implementation of data based processing in 2007.
- Database insures quality management of:
  - enrollments,
  - waiting list
  - status of plans
  - emergency slot process
  - slot allocation is first come, first served method and immediate

## **Successes**

- 99 % of all waiver recipients continue to meet annual eligibility criteria.
   (based on annual LOF reviews)
- CMS compliance of CHOICE is well defined and supported through diversification of service roles

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## **Challenges**

- Increasing Waiver slots to reduce waiting times for families
  - Currently 613 on wait list
  - Increase in MR children transfers to DD waiver
- Increasing services to underserved diagnoses (Autism, Brain Injury)

## **CONTACT INFORMATION**

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Thanks for your continued support for Medicaid's Home and Community Based DD Waiver Services.

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